

COMMUNITY FOCUS

Joel is a welcoming home for people who want to escape chaos and trauma. Residents are required to sign a 'community commitment' to safeguard the community from any unacceptable behaviour.

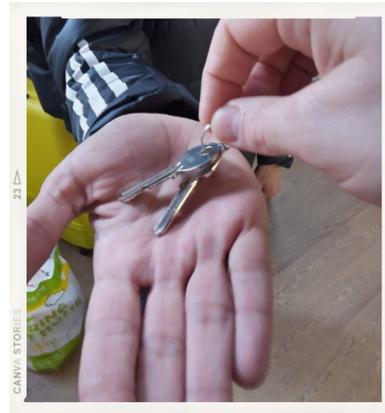
We are a caring community of people who work together on common goals and focus on each other's successes; this is what makes the light at Joel shine.

At Joel we always leave the light on. What we mean by that is if the journey does not work out the first time, we will always be open to a conversation about coming back.

LIFE AFTER JOEL

Our hope is that you never have to experience homelessness again. An important part of your recovery journey - when you feel ready - will be to explore the housing options for life after Joel, when you feel ready.

We'll be here to help you to 'move on' confidently and successfully, whether into other supported accommodation or more independent living.



CONTACT US

Joel

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**Stabilisation Centre for
Drug & Alcohol**





Joel is a residential home and stabilisation centre in Kingston for up to 7 adults who have experienced rough sleeping. It provides a safe, supportive community where you can focus on your journey to recovery. Residents can stay between 6 months and 2 years.

Joel offers an alternative to a treatment centre or rehab. Residents arrive at Joel with a commitment to reducing their alcohol or drug use while working towards their personal goals.

HOME
HEALTH PURPOSE
COMMUNITY

LIVING AT JOEL

We understand that different people have varied experiences of shared living and their own recovery journey. We take a 4-phase approach which is based around a programme of day-time activities and groups.

All new residents are expected to:
Have breakfast (8.30am) and dinner (6pm) together
Stay in for the night
Sign the Community Commitment
Not be intoxicated in a manner that effects your behaviour, community & health
Attend one-to-one sessions
Engage in community activities

The Joel Stabilisation Centre has been set up by the charity **Kingston Churches Action on Homelessness (KCAH)**, assisted by key partners.

Bed spaces are funded via Housing Benefit and a weekly service charge paid by you. You will therefore need to be eligible for benefits.

Residents will need to have a connection to the local area and be willing to work with local drug & alcohol services.

WHAT JOEL OFFERS

Joel gives people the chance to learn the tools to live a healthier life and break the cycle drugs, alcohol and homelessness have kept them in.

We offer:

- 1-2-1 support from our trained staff.
- Opportunities to discover recovery techniques and resources that work for you
- Group support; talking together and eating together, caring for each other
- Structured daily activities that reflect your interests and skills. The more time you spend on positive experiences the less time the negative aspects are present in your life
- Solution Focused Recovery Group
- Opportunities to develop life skills for independent living; cooking healthy meals, cleaning, washing and paying bills

